

Podcast available at: <https://www.em-dash-podcast.com>

Show Notes

(00:00) Show Opener

[Intro Music]

Welcome to em dash, the healthcare podcast that gives you pause. My name's Kim Acquaviva and I'm your host. This season, we're exploring people's lived experiences of diversity and difference in the healthcare arena. We're on this journey together so let us know your thoughts about this episode. Tweet your comments to us at @em_dash_podcast.

[Fade out Intro Music]

(00:28) Introduction

(00:58) Dr. Levine lists some of the words she uses to describe herself in terms of her identities:

- "openly transgender woman"
 - "Physician General for the Commonwealth of Pennsylvania"
 - "doctor"
 - "parent"
 - "daughter"
 - "a compassionate person"
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(02:20) Dr. Levine describes how her identities have influenced the way she approaches her work with patients and families.

(03:46) Dr. Levine talks about the work she's doing in the Commonwealth of Pennsylvania to support LGBTQ communities as well as to address the opioid epidemic.

(9:38) Dr. Levine describes how fellow healthcare professionals reacted (or *didn't* react) when they learned that the sex she was assigned at birth differed from her gender identity and expression.

(13:38) Dr. Levine and I talk about privilege and the impact it has on one's experience.

(16:00) Dr. Levine shares her observations about how men and women are treated differently at times.

(19:25) Show Outro

[Fade in Outro Music]

You've been listening to em dash, the healthcare podcast that gives you pause. Tweet your questions, comments, and suggestions to @em_dash_podcast. Music used in this episode of em dash came from Jon Wright who provided both the intro and outro music. Titles and links to songs used are available in the notes for this show.

[Fade out Outro Music]

Audio Used:

- Intro & Outro Songs: "Unbeatable Epic Trailer" by Jon Wright. Used with permission under Melody Loops License #23653623875 www.melodyloops.com/tracks/unbeatable--epic-trailer/
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Guest Bio: Rachel Levine, MD



Dr. Levine is currently the Physician General for the Commonwealth of Pennsylvania and Professor of Pediatrics and Psychiatry at the Penn State College of Medicine. Her previous posts included: Vice -Chair for Clinical Affairs for the Department of Pediatrics and Chief of the Division of Adolescent Medicine and Eating Disorders at the Penn State Hershey Children's Hospital-Milton S. Hershey Medical Center. She graduated from Harvard College and the Tulane University School of Medicine. She completed her training in Pediatrics and Adolescent Medicine at the Mt. Sinai Medical Center in New York City. She was previously on the faculty of the Mt Sinai School of Medicine and came to Central Pa. and joined the staff at the Penn State Hershey Medical Center.

You can follow Dr. Levine on Twitter at @PhysGenLevine

Tags: Rachel Levine, physician, transgender, Pennsylvania, diversity, difference, healthcare, LGBTQ, opioid, heroin, Title IX, Governor Tom Wolf, President Donald Trump, Penn State Hershey Medical Center