

em dash podcast

Show Notes: "The Addiction Nobody Will Talk About," featuring Joshua Shea

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Meet Joshua Shea, a journalist, publisher, film festival founder, and local politician from Central Maine. Arrested and convicted for possession of child pornography after a long struggle with alcoholism and porn addiction, Joshua served six months in jail. He's written a memoir, *The Addiction Nobody Will Talk About: How I Let My Pornography Addiction Hurt People and Destroy Relationships*, published in January 2018. In this episode, we talk about Joshua's addiction and his path to recovery.

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Guest Bio: Joshua Shea

After 20 years a journalist, publisher, local politician and film festival founder in Central Maine, Joshua Shea's alcohol and pornography addictions got the better of him. Following intense rehabilitation, Shea served six months in jail in early 2016 on underage pornography charges. Since then, he has worked mainly as a ghostwriter for corporate clients. His new book, *The Addiction Nobody Will Talk About* is both his first memoir and long-form book published under his real name. Shea operates RecoveringPornAddict.com, where he provides information about pornography addiction. You may contact him through that website.



Links

Joshua's website: RecoveringPornAddict.com

Link to Joshua's book on Amazon:

https://www.amazon.com/Addiction-Nobody-Will-Talk-About/dp/1941049788/ref=tmm_pap_swatch_0?encoding=UTF8&qid=1517859208&sr=8-1

Tags: Joshua Shea, pornography, addiction, alcoholism, Maine, healthcare, diversity, difference, sex, sexuality