

em dash Podcast Overview

Purpose

The em dash podcast seeks to connect listeners with personal stories from patients and health care professionals about their lived experiences of difference and diversity in the healthcare arena.

Length

Each episode of the podcast lasts 25-30 minutes.

Format

Each guest tells their story using the following questions as a rough outline:

IF THE GUEST IS A PATIENT		
Storytelling Arc	Guiding Questions	Your Story
Context	<p><i>Tell us about yourself. What's your name and what pronouns do you use?</i></p> <p><i>What are some of the words you use to describe yourself in terms of your identities?</i></p>	<p><i>My name is _____ and my pronouns are [they/them, she/her, he/him, etc].</i></p> <p><i>I'm _____, _____, _____, _____, and _____. [You can list as many words as you'd like to describe yourself]</i></p>
Challenge	<p><i>What obstacles or hurdles have you encountered in the healthcare arena as a person who is _____?</i></p> <p><i>Tell us about a time when you felt like a healthcare professional reacted differently to you than they would have if you were [white, cisgender, Christian, etc].</i></p>	<p><i>Tell us a story about a time you ran into an obstacle or hurdle in the healthcare arena as a person who is _____. Set the scene for the listener: describe every detail you can remember (other than people's names). What was said/done? How did you feel?</i></p>
Action	<p><i>How did you deal with those obstacles or hurdles?</i></p>	<p><i>(Continuing the story above) Tell us how you reacted when you ran into this obstacle or hurdle. What did you do or say? How did this experience change you? Again, describe every detail you can remember so that the listener gets the full picture of the experience.</i></p>
Epiphany	<p><i>How did this situation change the way you thought about healthcare as a person who is _____? What was one big moment of clarity for you?</i></p>	<p><i>(Continuing the story above) Tell us how this situation changed the way you think about healthcare.</i></p>
Climax	<p><i>How have your lived experiences as a person who is _____ influenced your feelings about healthcare and healthcare professionals.</i></p>	<p><i>Tell us how your experiences as a person who is _____ have influenced your feelings about healthcare and healthcare professionals. How have your experiences as a person who is _____ influenced your willingness to trust the health care professionals you interact with?</i></p>

IF THE GUEST IS A HEALTHCARE PROFESSIONAL		
Storytelling Arc	Guiding Questions	Your Story
Context	<p><i>Tell us about yourself. What's your name and what pronouns do you use?</i></p> <p><i>What are some of the words you use to describe yourself in terms of your identities?</i></p>	<p><i>My name is _____ and my pronouns are [they/them, she/her, he/him, etc].</i></p> <p><i>I'm _____, _____, _____, _____, and _____. [You can list as many words as you'd like to describe yourself]</i></p>
Challenge	<p><i>What obstacles or hurdles have you encountered as a healthcare professional who is _____?</i></p> <p><i>Tell us about a time when you felt like one of your patients (or a fellow healthcare professional) reacted differently to you than they would have if you were [white, cisgender, Christian, etc].</i></p>	<p><i>Tell us a story about a time you ran into an obstacle or hurdle as a healthcare professional who is _____. Set the scene for the listener: describe every detail you can remember (other than people's names). What was said/done? How did you feel?</i></p>
Action	<p><i>How did you deal with those obstacles or hurdles?</i></p>	<p><i>(Continuing the story above) Tell us how you reacted when you ran into this obstacle or hurdle. What did you do or say? How did this experience change you? Again, describe every detail you can remember so that the listener gets the full picture of the experience.</i></p>
Epiphany	<p><i>How did this situation change the way you thought about things as a healthcare professional who is _____? What was one big moment of clarity for you?</i></p>	<p><i>(Continuing the story above) Tell us how this situation changed the way you think about things as a healthcare professional.</i></p>
Climax	<p><i>How have your lived experiences as a person who is _____ influenced the way you approach your work with patients today?</i></p>	<p><i>Tell us how your experiences as a person who is _____ have influenced the way you work with patients today.</i></p>

For more information, visit www.em-dash-podcast.com